



Contributions should be sent to Ruth Brown - ruthlessinthebay@hotmail.com or Tony Lockett - tony_lockett@hotmail.com
Web site: <http://www.llandudno-sailing-club.org.uk>

Phantom National Championship

Thursday 10th September Registration in Venue Cymru
Friday 11th September Racing at 13.00 (2 races)
Commodores Reception
Saturday 12th September Racing at 11.00 (3 races)
BBQ
Sunday 13th September Racing at 11.00 (2 races)
Prize-Giving in the Clubhouse
on completion of sailing.

*If you have not yet signed up, help is required in the kitchen,
behind the bar and on the water.*

North Wales Sub Aqua Club

A Chilli and Quiz Night
Saturday 1st August 2009 @ 8.00pm
Tickets £5.00

Bar Duty

Bar Opening times - Wed 20.00 to 23.00; Sun 12.30 to 14.30
Barmen, please contact the next person on the list to hand over the bar keys.

Weds Aug 5 th	Jim Williams	
Sun Aug 9 th	Ruth Brown	
Wed Aug 12 th	Hugh Lomas	548708
Sun Aug 16 th	Hugh Lomas	
Wed Aug 19 th	TBC	
Sun Aug 23 rd	TBC	
Wed Aug 26 th	Tony Lynch	07932921345
Sun Aug 30 th	Tony Lynch	

Topper Nationals Pwllheli 2-7th August

Ceri Roberts, Tom Jowett, Conner McNamara and Ross Moreton will all be competing at the Topper Nationals; we wish them luck for the week long regatta. The Club is sending a RIB in the capable hands of Andy McNamara, Gareth Roberts and Lee Moreton, to help with the safety cover, there will be in excess of 45 RIB's providing cover for nearly 400 Toppers! Our very own Commodore Paul Moreton is the PRO for this event and we wish him all the best with the schedule of 3 races a day with 3 flights ... 9 starts with over 120 boats on the start line! This regatta ranks as one of the biggest in the UK this summer.

Championships

Thanks to all who contributed to a very successful GP14 National Championship. The Treasurer is smiling so it must have been good!
Now for the Phantoms in September. Please sign up as soon as you can to ensure another successful event.

Basic Food Hygiene Course

Matthew Frankcom has offered to run the above course for any members interested. It will be held over three evenings during a week in the autumn. Please sign up on the list in the kitchen. The cost be £14.00 to cover a booklet and an exam.

Advanced Warning

Annual Dinner Dance & Prize-Giving
Saturday 21st November
Put it in your diary now!

Trainee Regatta

Saturday 15th August

Open to all this seasons trainees.

First race 11.00 am – be at the club by 10.00 am at the latest
Come along, have some fun and try your newly acquired skills.

Southport

24 Hour Race

Sat/Sun 19th/20th September

Two boats to be entered

Arrangements and cost the same as last year

See Noticeboard for further details

Dates! Dates! Dates!

Mon 3 rd Aug	Sailing Committee @ 19.30
Mon 10 th Aug	Management Committee @ 19.30
Sat 15 th Aug	Trainee Regatta
Wed 26 th Aug	Crews Race – Last Wed of the season!

Triathlon

Thanks to Andy, Gareth and the two Davids for their contribution towards the very successful Triathlon.

Polo Shirts

We have an excess of polo shirts left over from the GP14 Nationals!
They are black and in 3 sizes, M, L & XL.
These are available to purchase at £7.00 each.
Please contact Ruth

Junior Sailing

Friday night junior sailing will continue on four more evenings (one of them is a Thursday)
August - Fri 14th & 21st and Thurs 27th; Sept Fri 4th
Be at the club at 5.30pm

Training Week

Gareth and Andy wish to thank all the club members who assisted in making the one week training course so successful.
All the trainees made good progress despite being introduced to sailing under fairly trying circumstances!
Conratulations to all concerned.

Sundays

Jo Williams' Sunday meals go from strength to strength! The numbers have increased slowly as news of the excellent service has filtered through to club members. Jo serves a main course and sweet at around 6.00pm. All she asks is that orders are placed by lunchtime so that she knows how many to cater for.

Don't miss out!

**'Always forgive your enemies –
Nothing annoys them so much'
Oscar Wilde (1854-1900)**